## IRIS

18/1

## Step 1

Pre heat the oven to 180oc and remove the lids.

## Step 2

Place the ribs on a baking tray, and put in the oven along with the man and cheese, prawns, crab cakes, tater totz and wings. Set a 20 minute timer

Step 3

After 10 mins add the beans

Please note all 14 allergens are present in our kitchens & as such we cannot guarantee our food is free from them.