

Step 1

Preheat the oven to 180oc and place the lamb stew, potatoes and fish stew in, set a 15 minute timer.

Step 2

microwave the ribolita soup for 3 minutes. place the lid on to keep warm, now microwave the pasta for 3 minutes.

Step 3

When the is 5 minutes remaining on the timer, place the focaccia in the oven