

Thai box

Step 1

Preheat the oven to 180oc

Step 2

Remove the lids from the containers and place the pork belly, skewers and fish in the oven. Set a 15 minute timer

Step 3

After 5 minutes place the massaman curry and rice in the oven

Step 4

Microwave the noodle curry for 3 minutes and then top with the crispy noodles
Serve the rice inside the pineapple