

Thai box instructions

Preheat the oven to 180oc and remove the lids

1- Place the fish (wrapped in brown paper), pork belly, chicken skewer in the oven and set a 15 minute timer

2- when there is 10 minutes left on the timer, loosen the lids on the plastic tubs & microwave the rice, noodle curry, prawn curry for 3 minutes each or until piping hot. place the lid back on to keep warm

3- serve the rice in the pineapple and top the prawn curry with crispy onions.

Enjoy!